



"Milk Moments" Educational Topics

2/16/2022 "Signs of a Good Feeding"

3/2/2022 "Skin-to-Skin"

3/16/2022 "Galactogues - Part 1"

4/6/2022 "Galactogues - Part 2"

4/20/2022 "Colostrum and Hand Expression"

5/4/2022 "Baby Wearing"

5/18/2022 "Return to Work - Part 1"

6/1/2022 "Return to Work - Part 2"

6/15/2022 "Summertime - Extra Water"

7/6/2022 "Ever Changing Milk"

7/20/2022 "The Distracted Baby"